

THE SRCAA Inc

NEWSLETTER

APRIL 2024



We are now in the Spring Equinox season of the year. A time of new beginnings, growth, and opportunities to “spring into action” helping those in need. As we approach the warmer days April brings, we also have several nationally recognized observances to be mindful of. National Internship Awareness, National Financial Literacy, Diversity Awareness, and Stress Awareness are recognized this month, to name a few.



National Fair Housing Month

This year marks the 56th anniversary of the Fair Housing Act, which was signed by President Lyndon B. Johnson on April 11, 1968, as part of the Civil Rights Movement. The Fair Housing Act is a federal legislation that forbids housing discrimination based on protected classifications such as race, color, national origin, religion, sex (including gender identity and sexual orientation), handicap, and family status. The housing transactions covered include renting or buying a property,

obtaining a mortgage, seeking housing aid, and engaging in other relevant activities.

The video below gives a detailed summary of fair housing laws, resources, and actions to take in the case of discrimination.



SRCAA Inc. Launches Podcast On Social Media

This month, the Salisbury-Rowan Community Action Agency, Inc. premiered the "Talk About It" podcast. These podcasts will feature a series of informative conversations about community resources, concerns, and support in the communities we serve. The opening podcast aired on April 4, 2024, and highlighted resource opportunities for family services.

The "Talk About It" podcast will be an ongoing series available on numerous social media platforms, featuring a diverse range of guests and topics. These podcasts can be seen using the social media links provided below. Please like, subscribe, and post any questions or comments. [FaceBook](#) | [YouTube](#) | [Website](#) |



"TALK ABOUT IT" podcast

Seeing the Light

On April 8, 2024, a total solar eclipse moved across North America, passing over Mexico, the United States, and Canada.

A total solar eclipse happens when the Moon passes between the Sun and Earth, completely blocking the face of the Sun. The sky will darken as if it were dawn or dusk.

According to **NASA**, a total solar eclipse was visible in 15 U.S. states, while a partial solar eclipse was visible in 34 continental states. Children and adults at our various locations took part in the day's event.



Heads Up: Employees at the SRCAA main office as well as the Head Start/Early Head Start children at various centers observed the solar eclipse on April 8, 2024.

Did You Know?

April is **Diversity Month**, a time to appreciate and celebrate our diverse cultures, backgrounds, and traditions.

Diversity Month was established in 2004 to celebrate and commemorate the world's diversity.

It is time to recognize and understand our differences, whether they are related to gender, race, ethnicity, faith, sexual orientation, or other aspects, while still embracing humanity's common core.

Learn more about other cultures and observances on the [2024 Diversity Calendar](#).

EMPLOYEE SPOTLIGHT

Debra Myers is in her fifth year of working for the **Salisbury-Rowan Community Action Agency, Inc.** She works in the finance department's main office as an accounting clerk.

Debra enjoys making and decorating in the fall and winter, but throughout the spring and summer, she says it's all about her "girls" (her flowers). Debra has spent several years cultivating various flower beds in her yard and takes her gardening skills seriously.

One of her green thumb commandments would be, "Never let children pull weeds unsupervised!" Debra claims this rule was implemented organically after her 19-year-old son pulled up sections of her seedlings mistaking them for weeds.

Given Debra's love of flowers, it's no surprise that arboretums and botanical gardens are among her favorite places to visit. Debra also acknowledges Italian food as her favorite food for dining. **Law & Order**, the television drama series, is one of her preferred shows to watch at home.



What is most fulfilling about working for SRCAA, Inc? *"The success of the agency has*

provided opportunities to teach, collaborate and support individuals." -Debra Myers

"The resilience of the Salisbury-Rowan Community Action Agency, Inc. is a direct result of you, our valued employees. Your dedication, commitment and service to this agency is most appreciated, and we would like to take this time to recognize and celebrate you.

-Dione Adkins
Chief Executive Officer

SERVICE RECOGNITION

Martha Cannon	7 Years
Shannon Griffin	3 Years
Betty Chunn	1 Year
Juana Hernandez	1 Year

"Just like Winter, sometimes we endure and experience cold seasons in our lives. However, April is a reminder that something good is just around the corner that will bring new beginnings!" -Henry Bibb (circa 1846)

SERVICE OF COMMUNITY IS OUR TOP PRIORITY

The **Salisbury-Rowan Community Action Agency, Inc.** makes the service of the community top priority, from providing early childhood education through our Head Start/Early Head Start Program or tuition assistance for employment skills training through our Self-Sufficiency Program, we are dedicated to helping people, help themselves

HEAD START/EARLY HEAD START PROGRAM: The comprehensive child development program is designed to meet children and family needs, providing a solid foundation for the child and parent to grow together. The primary goals of the Head Start/Early Head Start programs are to provide the best child development practices for children birth to five years of age. Head

Start provides a comprehensive child development program that addresses the physical, cognitive, mental, social, and emotional development of prenatal, infants, toddlers, and preschool participants. The program services Rowan and Davidson counties.

FAMILY SERVICES: This Self-Sufficiency program assists those who choose to make a change in their life. For families and individuals enrolled in this program, the agency provides comprehensive supportive services to secure employment or increase their income, obtain education and /or vocational training, make better use of their income, obtain and maintain standard housing, and build a strong work ethic. The program services Rowan and Cabarrus counties.

Strawberry Upside Down Skillet Cake

Pineapple upside-down cake is the classic, but you can pretty much put anything underneath cake batter, bake it, flip it, and have a stunner of a dessert. This version is kept simple with strawberries, perfect for celebrating Spring.

Ingredients

- 1 lb. strawberries, thinly sliced into rounds
- 1/4 c. brown sugar
- 2 tbsp. cornstarch
- 1 3/4 c. all-purpose flour
- 2 tsp. baking powder
- pinch of salt
- 3/4 c. granulated sugar
- 2 large eggs
- 1/2 c. sour cream
- 1/2 c. (1 stick) unsalted butter, melted
- 1 tsp. pure vanilla extract
- * Optional vanilla ice cream for topping

Directions

Preheat oven to 350°. Grease a 12" oven-safe skillet, add a parchment circle, then grease again.

In a large bowl, stir together strawberries, brown sugar, and cornstarch until fully coated and juicy. Add to skillet and spread in an even layer.

Make cake batter: In a small bowl, whisk together the flour, baking powder, and salt. In a large bowl, mix the sugar, eggs, sour cream, butter, and vanilla. Add in the dry ingredients and stir until just combined.

Pour the cake batter over the strawberry mixture and spread as evenly as possible with a rubber spatula. If needed, use wet hands



to spread batter over the strawberries.

Bake until the cake is golden, and a toothpick comes out clean, about 35 minutes. Let the cake cool in the skillet, about 15 minutes, then invert onto a serving platter or large plate and gently remove parchment paper. Let cool completely or refrigerate before slicing. Serve with vanilla ice cream (optional).

Visit Our Affiliate Social Media Sites

