

NEWSLETTER



SALISBURY-ROWAN COMMUNITY ACTION AGENCY, INC

JANUARY 2021

Farewell 2020! Welcome 2021



Mission

Salisbury-Rowan Community Action Agency, Inc. provides services for individuals, children, and families to enhance their quality of life and promote opportunities for self-sufficiency.

Vision

Everyone will have an opportunity for success in life.

Promise of Community Action

Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

Serving Our Communities

The Salisbury-Rowan Community Action Agency, Inc provided holiday food boxes that would feed 40 families for a week.

As we reflect on the year 2020, we can acknowledge it was a year of challenge and change. Our resilience to be socially distant may have been permanently modified as many virtual gatherings are now done with social apps, webcams, and other digital devices.

Although the past year presented many changes, the Salisbury-Rowan Community Action Agency (SRCAA), Inc. remained consistent with the mission to serve the community and help others.

To support vulnerable families impacted during COVID-19, SRCAA, Inc. as part of a collective effort with the North Carolina Community Action Association and Community Action Agencies statewide, participated in the network's 12 Days of Christmas Challenge.

SRCAA, Inc.'s goal was to provide food for families with an emphasis on children and seniors in Rowan and Cabarrus counties during the holiday. The Salisbury-Rowan Community Action Agency, Inc. was able to provide 40 families with a holiday food box that would feed a family of four for approximately one week.

This year more than ever, our network is needed to assist those who may be struggling as many jobs have been lost and work hours drastically reduced for some. Dione Adkins-Tate, **Executive Director** of SRCAA, Inc. would like to send a special thanks to Sherry Tillmon, **Director of Family Services**, and the Family Services team for all their hard work.



Watch the highlights of our 12-day Holiday Challenge.

COVID-19 Vaccinations in North Carolina

According to the NC Department of Health and Human Services: Racism runs throughout our social, economic, and health care systems, causing unequal access to care, maltreatment, and neglect for historically marginalized communities. These longstanding and continuing racial and ethnic injustices in our health care system contribute to

lack of trust in vaccines. North Carolina is drawing upon the experience and expertise of leaders from historically marginalized communities to develop and implement its vaccine plan.

The pandemic of Covid-19 has affected everyone, regardless of age, ethnicity, or social standing. Read more on the [facts and scheduling of the vaccine in NC.](#)

Guiding Principles

The Guiding Principles of SRCAA, Inc. ensures the longevity of our culture, creates an understanding of our vision and values, support our sustainability and guides our organization throughout all circumstances, regardless of any changes we encounter.

As we say farewell to the year 2020, reminders of the struggles and detriments of that particular year still remain as we welcome in year 2021. As a Community Action Agency who serves our community's most vulnerable population, collaboration with other human service organizations is vital to increase the efficiency and effectiveness of service delivery and to create the change necessary for our community to thrive.

2020 proved that the many complexities faced by our community are unprecedented and more than one organization can face alone. Making a significant impact within our community requires collaborative efforts like never before and these said efforts must be well thought out and intentional. When we all work together, great things happen!

***Collaboration (noun): to form a strategic alliance with other organizations in an effort to achieve greater impact.**

"Coming together is a beginning. Keeping together is progress. Working together is success." - Henry Ford



EMPLOYEE RECOGNITION

"The resilience of the Salisbury-Rowan Community Action Agency, Inc. is a direct result of you, our valued employees. Your dedication, commitment and service to this agency is most appreciated, and we would like to take this time to recognize and celebrate you on your work anniversary. Thank you!"

**-Dione Adkins-Tate
Executive Director**

Name	Years
Bettina Cherry	24 years
Christina Crump	16 years
Jessica Gaither	15 years
Ayesha Badger	13 years
Erica Scarlette	10 years
Susan Smith	10 years
Jasmine Harris	8 years
Delisha Rankin	7 years
Norma Drake	4 years
Marisol Ruiz	4 years
Tesha Green	1 year
Susanna Mathews	1 year
Tasha Melton	1 year
Cedric Moser	1 year
Elena Banuelos Pinzon	1 year



SERVICE OF COMMUNITY TOP PRIORITY

In the aftermath of the unprecedented health crisis faced by our community and our entire nation due to COVID-19, The Salisbury-Rowan Community Action Agency, Inc. continues making the service of the community top priority, from providing early childhood education through our Head Start/Early Head Start Program or tuition assistance for employment skills training through our Self-Sufficiency Program, we are dedicated to helping people, help themselves.

HEAD START/EARLY HEAD START PROGRAM: The comprehensive child development program is designed to meet children and family needs, providing a solid foundation for the child and parent to grow together. The primary goals of the Head Start/Early Head Start programs are to provide the best child development practices for children birth to five years of age. Head Start provides a comprehensive child development program that addresses the physical, cognitive, mental, social,

and emotional development of prenatal, infants, toddlers, and preschool participants. The program services Rowan, and Davidson counties.

FAMILY SERVICES: This Self-Sufficiency program assists those who choose to make a change in their life. For families and individuals enrolled in this program, the agency provides comprehensive supportive services to secure employment or increase their income, obtain education and /or vocational training, make better use of their income, obtain and maintain standard housing, and build a strong work ethic. The program services Rowan, and Cabarrus counties.

CSBG CARES NC: CARES assistance is provided to individuals and families who have income below 200% of the poverty rate, and whose economic circumstances have been adversely impacted, or has immediate needs due to COVID-19. Applications for assistance can be completed online at srcaa.com. The program services Rowan, and Cabarrus counties.

Sweet Potato Parmesan Tater-Tots

Made simply with sweet potatoes, parmesan cheese, butter, fresh herbs, plenty of flaky sea salt and black pepper. Serve as appetizer, side dish, or game-day snack.



INGREDIENTS

- **4 medium sweet potatoes**
- **1 cup grated parmesan cheese**
- **kosher salt and black pepper**
- **1 clove garlic, grated**
- **2 cups Panko bread crumbs**
- **2 teaspoons chipotle or regular chili powder**
- **extra virgin olive oil, for brushing**
- **4 tablespoons salted butter**
- **2 tablespoons fresh thyme leaves**
- **1 tablespoon chopped fresh parsley**
- **2 teaspoons chopped fresh sage**

Directions

Preheat the oven to 425 degrees. Prick the sweet potatoes all over with a fork. Bake directly on the rack until tender, 50-60 minutes. Allow to cool.

2. Once cool use your hands to peel away the sweet potatoes skin. It should just easily slip off. Place the potatoes in a medium-size bowl and mash well. Stir in the parmesan cheese, garlic, and a pinch each of salt and pepper.

3. Combine the Panko and chili powder in a shallow bowl. Line a baking sheet with parchment paper.

4. Scoop about 1 tablespoon of the sweet potato out of the bowl, roll into a cylinder and place on the prepared

baking sheet. Repeat with the remaining sweet potato mix. The sweet potato mixture will be wet, don't stress, the shape does not need to be perfect. Roll the sweet potato cylinders in the crumbs to coat and place back on to the baking sheet. Lightly brush/mist each tot with olive oil. Transfer to the oven and bake for 15 minutes, flip and bake another 10-15 minutes or until golden and crisp.


5. Meanwhile, melt the butter in a small skillet over medium heat. Add the herbs and cook 30 seconds, until fragrant. Drizzle the butter over the tots. Serve the tots warm, with ketchup and additional herbs, if desired.

Recipe Notes:

Early Prep: The tots can be made up to 4 days ahead of time. To warm, just place the tots on a baking sheet and warm in a 400 degree oven for 10-15 minutes. Serve as directed.

Freezing: Bake the tots as directed through step 5. Allow to cool, then freeze on a baking sheet for 1-2 hours, until frozen. Transfer to a freezer safe container and freeze for up to 8 months. To warm, bake the frozen tots at 400 degrees for 15-20 minutes, until warmed throughout. You can drizzle the tots in herb butter before of after freezing. Yield of tots may vary.

Solve in 20 seconds.
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