

THE SRCAA Inc

NEWSLETTER

AUGUST 2022



Community Action & Impact

National Nonprofit Day is observed on August 17th. This annual date has been set aside to increase awareness of the nonprofit organizations that are providing outstanding services in the community. The Salisbury-Rowan Community Action Agency, Inc has made an enormous effort to positively impact the communities we serve.

During the 2021-2022 fiscal year, our agency provided families with emergency assistance for utilities and rent and secure housing assistance to homeless individuals and families. Other services provided by SRCAA, Inc. include educational opportunities and training for employment, financial literacy, parenting, and other life skills. Through the agency's early childhood education program, children received kindergarten preparation, dental services, and health screenings.

As a non-profit agency, SRCAA, Inc. will continue to strive to fight poverty, while helping people and changing lives.

How To Celebrate National Nonprofit Day

The best way to celebrate National Nonprofit Day is by raising awareness to the public. Community Action events sponsored by nonprofit organizations help inform families and businesses of the good work that is being done. Also using the hashtag **#NationalNonprofitDay** on your social media accounts is an excellent way to spread the word.

While many nonprofits depend on charitable donations, enlightening the community that also donates time to volunteer for an organization is important as well. These types of donations are often referred to as In-Kind donations.

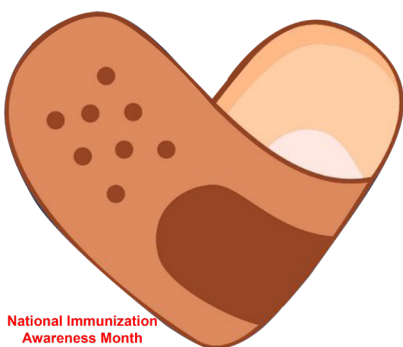
Another idea to commemorate this day would



be to give thanks to local volunteers. These people give their time and energy faithfully to execute the goals of nonprofit organizations, an occasional thanks is always greatly appreciated.

Fun Facts About Nonprofits

- Just over one-fourth of the U.S. population does volunteer work at some point during the year.
- December is the month where people donate the most to nonprofit organizations.
- According to most research groups, donations to nonprofits have increased over the last 10 years.
- Almost 10% of all donations to nonprofits come through mobile device donations.



National Immunization Awareness Month

August is **National Immunization Awareness Month (NIAM)**. This year the Centers for Disease Control and Prevention (CDC) has put out several toolkits to help answer questions concerning vaccines and immunizations for the entire family.

The **#HowIRecommend** video series features short, informative videos that explain the importance of vaccinations, how to effectively address questions from parents about vaccine safety and effectiveness, and how clinicians routinely recommend same day vaccinations to their patients.













[Watch Videos](#)

COMMUNITY IMPACT

Community Impact

The following chart illustrates the community impact made by the Salisbury-Rowan Community Action Agency, Inc. during the 2021-2022 fiscal year.

Thanks to the gifts, donations, and those that were willing to help, SRCAA, Inc. was able to serve more than 1000 individuals, children, and families with education, and supports to help them move out of poverty. This is in addition to the volunteers that contributed more than 7,000 hours of their time to help SRCAA, Inc. accomplish this mission.

Children and families served			
<p>409</p>  <p>Families received emergency utility/rental/mortgage assistance</p>	<p>4</p>  <p>Homeless families secured standard housing</p>	<p>21</p>  <p>Unemployed individuals gained employment</p>	<p>43</p>  <p>Individuals received employment supports to maintain employment</p>
<p>33</p>  <p>Individuals earned vocational certifications</p>	<p>52</p>  <p>Individuals received tuition assistance and supplies to support education</p>	<p>236</p>  <p>Individuals completed training in financial literacy, parenting and other life skills</p>	<p>563</p>  <p>Children received education and cognitive development services</p>
<p>101</p>  <p>Children received kindergarten preparation</p>	<p>111</p>  <p>Children received dental services</p>	<p>126</p>  <p>Infants and toddlers received health screenings</p>	<p>609</p>  <p>families received comprehensive case management services</p>

Monkeypox: What You Should Know

Just when it seems the struggles of dealing with Covid-19 are easing and everyone is trying to return to a sense of normalcy, the CDC has put out another outbreak warning. The CDC is tracking an outbreak of monkeypox that has spread across several countries that do not normally report monkeypox, including the United States.

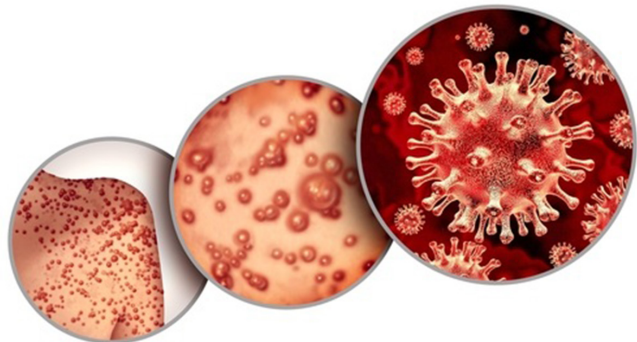
According to the CDC website, the following information may be helpful to know:

Monkeypox can spread to anyone through close, personal, often skin-to-skin contact, including: Direct contact with monkeypox rash, scabs, or body fluids from a person with monkeypox. Also touching objects, fabrics (clothing, bedding, or towels), and surfaces that have been used by someone with monkeypox. Contact with respiratory secretions can also spread monkeypox.

It is also possible for people to get monkeypox from

infected animals, either by being scratched or bitten by the animal or by preparing or eating meat or using products from an infected animal.

A person with monkeypox can spread it to others from the time symptoms start until the rash has fully healed and a fresh layer of skin has formed. The illness typically lasts 2-4 weeks. [Read more](#)



“The resilience of the Salisbury-Rowan Community Action Agency, Inc. is a direct result of you, our valued employees. Your dedication, commitment and service to this agency is most appreciated, and we would like to take this time to recognize and celebrate you. I would also like to take this moment to welcome aboard our newly hired employees!”

-Dione Adkins
Executive Director

ANNIVERSARY SERVICE RECOGNITION

Kenneth Click	40 Years
Joanne Holmes	20 Years
Johnny Worth	16 Years
Shirley Hayes	16 Years
Carolyn Hayes	15 Years
Ta'Mika Sellers	14 Years
Dione Adkins	11 Years
Janet Ferguson	11 Years
Vanessa Washington	10 Years
Angelita Harris	8 Years
Japonica Hopkins	7 Years
Janet Woodruff	3 Years
Jamie Hosch	1 Year

NEW EMPLOYEE

Donyetta Garcia Family Development Specialist

“The struggles along the way are only meant to shape you for your purpose”

-Chadwick Boseman

SERVICE OF COMMUNITY TOP PRIORITY

In the aftermath of the unprecedented health crisis faced by our community and our entire nation due to COVID-19, the Salisbury-Rowan Community Action Agency, Inc. continues making the service of the community top priority, from providing early childhood education through our Head Start/Early Head Start Program or tuition assistance for employment skills training through our Self-Sufficiency Program, we are dedicated to helping people, help themselves

HEAD START/EARLY HEAD START PROGRAM: The comprehensive child development program is designed to meet children and family needs, providing a solid foundation for the child and parent to grow together. The primary goals of the Head

Start/Early Head Start programs are to provide the best child development practices for children birth to five years of age. Head Start provides a comprehensive child development program that addresses the physical, cognitive, mental, social, and emotional development of prenatal, infants, toddlers, and preschool participants. The program services Rowan and Davidson counties.

FAMILY SERVICES: This Self-Sufficiency program assists those who choose to make a change in their life. For families and individuals enrolled in this program, the agency provides comprehensive supportive services to secure employment or increase their income, obtain education and /or vocational training, make better use of their income, obtain and maintain standard housing, and build a strong work ethic. The program services Rowan and Cabarrus counties

ZUCCHINI BREAD MUFFINS

This recipe is the perfect treat to put in a child's backpack for a back to school snack or in your work bag to take to the office. It's easy to make and surprisingly a healthy option. Great for breakfast, lunch, or late night treat.



Whisk eggs into oil, then stir in vanilla. Stir wet ingredients into dry ingredients until just combined (mixture will be very thick and somewhat dry).

Fold zucchini into batter until incorporated.

Fill muffin tins 3/4 full.

Bake for 20-22 minutes until an inserted toothpick comes out clean.

Store at room temperature in airtight container up to 5 days or wrap individually with plastic wrap and store in the fridge or freezer up to 3 weeks. Serve at room temperature or pop them in the microwave for a few seconds and slather on a bit of butter.



Ingredients

- 1 ½ cups flour
- 1 cup sugar
- 1 teaspoon cinnamon
- ½ teaspoon baking powder
- ½ teaspoon baking soda
- ½ teaspoon salt
- 2 large eggs at room temperature
- ½ cup oil
- 1 teaspoon vanilla
- 2 cup finely grated unpeeled zucchini
- *add chocolate chips for extra flavor (optional)

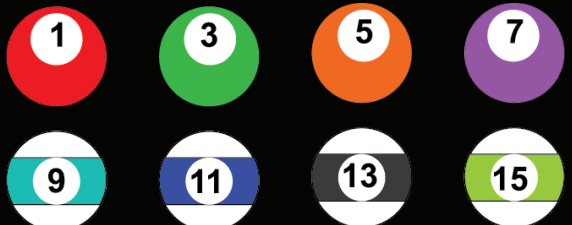
Directions

Preheat oven to 350 degrees and grease or line a muffin tin with paper liners.

In a large bowl, whisk together flour, sugar, cinnamon, baking powder, baking soda, and salt.

BRAIN TEASER

$$\bigcirc + \bigcirc + \bigcirc = 30$$



You need exactly 30 points to win. Which 3 balls would you knock into the holes?

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